



LITTLE FALLS VILLAGE ZOOM SPEAKER EVENTS
A Partnership between LFV & Little Falls Library (MCPL)
January and February, 2021
***** Free and Open to All *****

Register by clicking on event Registration Link at least 2 days prior to event
ZOOM LOGIN INFO WILL BE SENT TO ALL REGISTRANTS
Contact us at least 1 day prior if you registered & did not receive zoom login

PLEASE NOTE: EVENTS ARE NOT RECORDED



THURSDAY JANUARY 14: *Innovative Diagnostic and Treatment Options for Non-surgical Orthopedic Conditions.* This event will feature **Dr. Marc Gruner** and **Dr. Lauren Borro** of Point Performance in Bethesda Maryland. Dr. Gruner, Mayo Clinic trained sports physician, is pleased to return to serve the community where he was born and raised.

Dr. Gruner will explore exciting and novel therapies in the areas of musculoskeletal, sports, and regenerative medicine. The topics will include the use of ultrasound for diagnosing common orthopedic conditions in the office, tackling care from an integrative approach, and innovative treatments for common orthopedic injuries that are new to the DC area.



Dr. Lauren Borro is a physical therapist with an expertise in well-rounded care, manual therapy, and dry needling. **Dr. Borro** will discuss the benefits of physical therapy to create a multidisciplinary approach to healing.

Common conditions that will be addressed include: Knee/Hip Osteoarthritis, Carpal Tunnel, Tennis Elbow/Golfer's Elbow, and Patella/Achilles Tendonitis.

Registration Link: www.littlefallsvillage.org/Ortho

WEDNESDAY JANUARY 27 "Protocol, The Power of Diplomacy and How to Make it Work for You" with Ambassador Capricia Marshall who serves as Ambassador-in-Residence at the Atlantic Council in Washington, DC Ambassador Marshall is President of Global Engagement Strategies, which advises international public and private clients on issues relating to the nexus of business and cultural diplomacy. A discussion with author Capricia Penavic Marshall. In her roles as chief of protocol for President Obama and social secretary to President Clinton and First Lady Hillary Clinton, Ambassador Capricia Marshall guided



the critical work of building diplomatic bridging, using the tools of protocol to tilt the playing field in the direction of her principals. From staging a room to have an intended effect on the participants to knowing which cultural gestures earn trust, her behind-the-scenes preparations and hidden influencers set the stage for successful diplomacy between heads of state around the world. What over two decades of working at the highest levels of government taught Marshall: There's power in detail and nuance. Micro-moves affect the macro shifts. Sharing unvarnished examples from her time in office — harrowing near-misses, exhilarating triumphs, heartwarming personal stories — Marshall will bring a master class on soft power, unveiling the complexity of human interactions and making the case that etiquette, cultural IQ, and a flexible mindset matter— now more than ever.

Registration Link: www.littlefallsvillage.org/Diplomacy



MONDAY FEBRUARY 8 “The Outlook for the Next Congress” with Congressman Jamie Raskin

Congressman Jamie Raskin represents Maryland’s 8th Congressional District in the US House of Representatives. Prior to his time in Congress, Raskin was a three-term Senator in Maryland, where he also served as the Senate Majority Whip. He was also a professor of constitutional law at American University’s Washington College of Law for more than 25 years. He authored several books, including the Washington Post best-seller *Overruling Democracy: The Supreme Court versus the American People* and the highly acclaimed *We the Students: Supreme Court Cases*

For and About America’s Students. Congressman Raskin is a graduate of Harvard College and Harvard Law School. Jamie and his wife, Sarah Bloom Raskin, live in Takoma Park.

This event is brought to you by the Council of Former Federal Executives & Associates (COFFE)

Registration Link: www.littlefallsvillage.org/Raskin

WEDNESDAY FEBRUARY 24 “A Lab of One’s Own: One Woman’s Personal Journey Through Sexism in Science” with Dr. Rita Colwell,

one of the top scientists in America and the groundbreaking microbiologist who discovered how cholera survives between epidemics. She is the former head of the National Science Foundation. *A Lab of One’s Own* is a riveting memoir-manifest, documenting all Colwell has seen and heard over her six decades in science, from sexual harassment in the lab to obscure systems blocking women from leading professional organizations or publishing their work. Along the way, she encounters other women pushing back against the status quo, including a group at MIT who revolt when they discover their labs are a fraction of the size of their male colleagues. Resistance gave female scientists special gifts: forced to change specialties so many times, they came to see things in a more interdisciplinary way, which turned out to be key to making new discoveries in the twentieth and twenty-first centuries. Dr. Colwell would also witness the advances that could be made when men and women worked together--often under her direction, such as when she headed a team that helped to uncover the source of the anthrax used in the 2001 letter attacks. *A Lab of One’s Own* shares the sheer joy a scientist feels when moving toward a breakthrough and the thrill of uncovering a whole new generation of female pioneers. But it is also the science book for the #MeToo era, offering an astute diagnosis of how to fix the problem of sexism in science--and a celebration of the women who fought back.



This event is brought to you by the Council of Former Federal Executives & Associates (COFFE)

Registration Link: www.littlefallsvillage/Colwell

FUTURE EVENTS

THURSDAY MARCH 11 *"The Prescription Drug Pricing Problem"* with **Bill Corr**, former Deputy Secretary of the Department of Health and Human Services. Bill holds a B.A. in Economics from the University of Virginia and a J.D. from Vanderbilt University School of Law. Bill has spent the bulk of his impressive career advocating for better healthcare access at almost every level of society. US drug prices are the highest in the world." Bill Corr, along with former Rep. Henry Waxman, has co-authored a major study of the problem of skyrocketing prescription drug prices and what can be done about it, which he will discuss.

This event is brought to you by the Council of Former Federal Executives & Associates (COFFE)

Registration Link: www.littlefallsvillage.org/DrugPricing

WEDNESDAY MARCH 24 *"Who Shall Live and Whom Should We Let Die: COVID-19's Ethical Landscape"* with **Dr. Mildred Solomon**, President of the Hastings Center on Bioethics, an independent research institute in Garrison, NY that explores ethical issues in health, health care and the life sciences. Historically, pandemics raise a set of excruciatingly difficult ethical and moral questions. How should we allocate scarce resources like lifesaving ventilators, protective equipment or vaccines? What should we do about the fact that in the COVID-19 pandemic, African Americans are dying at three times the rate of white American? To help us discuss these issues, Dr. Mildred Solomon, will describe COVID-19's ethical landscape. She will raise for discussion the major ethical issues we must resolve to bring the pandemic under control and will help us think about how we might rebuild our society.

This event is brought to you by the Council of Former Federal Executives & Associates (COFFE). This is a Special Village-Feature Event.

Registration Link: www.littlefallsvillage.org/Solomon

THURSDAY APRIL 8 *"Supreme Court"* with **Roman Martinez**, partner in the D.C. law firm Latham & Watkins, and a member of the firm's Supreme Court & Appellate Practice. Roman will discuss Supreme Court cases current and future, and where the newest justices might be influencing the Court's rulings. Roman has argued nine cases in the Supreme Court, including cases in the fields of the First Amendment to the Constitution, criminal law, civil rights, employment and civil procedure. Before joining Latham, Mr. Martinez served as a law clerk to Chief Justice John G. Roberts.

This event is brought to you by the Council of Former Federal Executives & Associates (COFFE)

Registration Link: www.littlefallsvillage.org/SupremeCourt

WEDNESDAY APRIL 28 *"Hillwood: A Garden for All Seasons"* with **Kate Markert**, Executive Director of Hillwood Estate, Museum & Gardens and author of *A Garden for All Seasons: Marjorie Merriweather Post's Hillwood*, the first publication devoted to these special gardens in the heart of Washington. Markert has been director of the Wadsworth Atheneum in Hartford, associate director of the Walters Art Museum in Baltimore and deputy director and acting director of the Cleveland Museum of Art.

Registration Link: www.littlefallsvillage.org/Hillwood

THURSDAY MAY 13 *"The Golden Age of Music, Part II"* with **Michael Lavine**, Music Director, Performance Coach, Archivist and producer of The Lost Broadway And More CD Series. Michael is back with more songs that you know and love as he continues his tour of Tin Pan Alley, from its humble beginnings in the Lower East Side and moving on to Broadway and

Movie Musicals. Michael will be joined by Broadway and cabaret performers, as he presents many of the world's most beloved songs of the 1920's and 1930's.

Registration Link: www.littlefallsvillage.org/Music2



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**For questions, please contact the Little Falls Village Office:
Call [\(301\) 320-3267](tel:3013203267) or Email info@littlefallsvillage.org**